



Chef's Suggestion

Daily dish, Soft drink, Dessert or Coffee

49.99 AED



The Mediterranean Secret
Portuguese restaurant

Petiscos * Tapas

AED

Hummus de tremçoço * Lupin beans hummus  38
Lupin beans, tahina, garlic

Chouriço "Assado" * Roasted Chorizo sausage 48
Grilled Chorizo, garlic, bay leaves

Pica Pau de Novilho * Beef stripes w/ pickles 55
Pan fried beef tenderloin stripes, garlic, bay leaves, pickles, parsley, olives

**Salada Montanheira "à Algarvia" *
Green Portuguese Salad**  37
Tomato, onions, cucumber, capsicum, artisan sauce

Camarão Alinho * Pan fried garlic shrimps 65
Pan fried prawns, chili, garlic, lemon, coriander


**Ameijoas à Bolhão pato *
Pan fried clams lemon Gralic** 47
Sautéed clams, garlic, lemon, coriander

Peixinhos da horta * Green beans tempura  41
Tempura fried green beans, tartar

**Polvinhos panados "à Quarteirense" *
Beer butter deep fried Octopus
"Quarteirense" style** 52
Beer butter Crispy octopus, tartar sauce

Salada de polvo * Octopus salad 47
Capsicums, onion, cucumber, tomatoes, coriander

**Salada de Bacalhau com grão *
Cod fish, chick peas salad** 49
Chickpeas, cod fish, onion, garlic, corianders

**Queijo de cabra gratinado *
Gratin Goat Cheese**  44
Gratin Goat cheese , Figs, honey, almonds,
vinegar glaze
ADD - 1 piece of gratin cheese - 15 AED

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Entradas * Couvert

Bread
Marinated olives
Algarve carrot salad
Sardine pate

Sopas * soups

AED

Sopa do dia * Daily Soup 35

Caldo Verde * Traditional Potato soup
Potato soup, chorizo, kale chiffonade 37

Salgados * Portuguese Patties

(as per daily availability)

Rissois de camarão * Shrimp Patties 18

Pasteis de bacalhau * Codfish Patties 17

Croquetes de carne * Beef Patties 16

 Vegetarians

For any specific dietary requirements, please inform our staff
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Pratos Principais * Main Courses AED

Xarem "à moda D'Olhão" * "Olhão" Polenta style Sauteed clams, Seabass fillet, coriander, garlic, lemon	83
Açorda de camarão "à Algarvia" * Shrimps Açorda "Algarve" style Homemade bread, shrimps, bisque, coriander, eggs	86
Bacalhau com Natas * Cod fish with cream Gratinated cod, potato, onions, gratin	85
Polvo "à Lagareiro" * Octopus "Lagareiro" style Roasted octopus, potatoes, capsicum, onion, garlic, olive oil	89
Bitoque à Portuguesa * Pan fried Beef steak "Portuguese" style Pan fried tenderloin steak, garlic, bay leaves, fried egg, Portuguese fries, bacon	82
Bife de frango panado ou grill "à Tuga" * Grill or breaded chicken breast Rice, Portuguese fries, green salad	60
Carne "À Portuguesa" * Meat "Portuguese" style Sauteed cubed beef tenderloin and fried potatoes, pickles, olives ADD clams - 20 AED	80
Prego no Pão * Heritage Beef steak Sandwich Pan fried beef tenderloin, garlic, bay leaves, mustard, Portuguese fries	63
A Sair da Grelha * Grill Selection AED	
Bife do Lombo * Beef Tenderloin	110
Franguinho à moda do "Algarve" Grilled chicken "Algarve" style (Half chicken)	68
Whole chicken	95

*Served with Portuguese fries and
Montanheira salad*

Assinatura do Chef * Chef's signature

2 people	AED
Cataplana/Arroz "à Algarvia" * Cataplana/Rice "Algarve" style Traditional seafood stew, Seabass, clams, prawns, squids, potatoes, coriander	227
Arroz de marisco "à Algarvia" * Seafood rice "Algarve" style Traditional seafood stew, Seabass, clams, prawns, squids, potatoes, coriander	223
Veggies AED	
Arroz vegetariano "À Emirati" * Vegetarian rice "Emirati" style Rice, mushrooms, capsicum, spinach, coriander	70
Xarem à moda D'Olhão * Creamy Polenta "Olhão" style Roasted Capsicum, mushrooms, coriander, garlic, lemon	73
Prego no Pão fingido * Heritage Portuguese vegetarian Sandwich Crispy green beans, Lupin beans hummus, green salad	61
Sobremesas * Desserts AED	
Arroz doce * Sweet rice pudding Creamy sweet rice pudding, cinnamon	30
Mousse de Chocolate * Chocolate Mousse Chocolate mousse	31
Bába de camelo * Caramel mousse Portuguese Caramel mousse	33
Torta de Laranja do Algarve * Orange pie Algarve Orange cake roll	35
Leite creme * Cream Caramel Cream Custard	32
Café gelado da "Praia de Vilamoura" * Ice Coffee " Vilamoura beach"	38
Gelado de Baunilha * Vanilla ice cream	25

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Beverage Menu



Algarve
The Mediterranean Secret
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Açaí & more... AED

Albufeira refresh Açaí, mint leaves, coconut	33
Al Garb smoothie Açaí, honey, milk, banana, almonds	35

Fresh Juices AED

Orange	23
Watermelon	
Lemon Mint	

Soft Drinks AED

Fanta orange 33cl	18
Coca-cola 33cl	
Coca-cola zero 33cl	
Sprite 33cl	
Ice tea lemon 33cl	
Ice tea peach 33cl	20
Soda	
Ucal	
Chocolate milk (hot or cold)	20
WATER	
Sparkling water 0.33cl	19
Sparkling water 0.75cl	35
Local still water 0.33cl	15
Local still water 0.75 cl	30

Hot Beverage AED

<i>Bica</i> * Espresso	16
Americano	17
<i>Galão com espuma</i> * Cappuccino	19
<i>Galão</i> * Caffee latte	20
Café gelado da "Praia de Vilamoura" ^{***} Ice Coffee "Vilamoura beach"	38

Tea EAD

Earl Grey	19
Lemon & Ginger	
Jasmine	
Chamomile	

Mocktail AED

Algarve Passion Passion fruit, soda, mint leaves	36
Strawberry Islands Strawberry, soda, berries, lemon, lychee	33
Pina colada lovers Pineapple, milk, coconut	35
Classic Mojito Mint leaves, soda, lime	34

Beer (Alcohol free) AED

Heineken 0% 33cl	32
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Breakfast Menu

7 a.m to 11 a.m





Vitrine AED

Daily fresh Bakery's in the morning

Treat Yourself AED

Pick your base:

Soft Pancakes	36
Oats Pancakes	38
Fatias Douradas	36

Choose 2 toppings

Blueberries
Strawberries
Banana
Almond

Choose 1 sauce

Nutella
Honey
Caramel
Strawberry

Breakfast AED

Toasted Portuguese artisan bread or brown seeds bread

Algarve
Onions and tomato scrambled eggs, baked beans, bacon, mushrooms, Grilled chorizo, roasted tomatoes, rustic potatoes 70

Fit & Healthy
Egg white omelet, smoked salmon, goat cheese, mushrooms, roasted tomatoes, green salad, avocado. 72

Avocado
Toasted bread, smashed avocado, poached eggs, chili flakes, almond 40

Torrada
Toast Portuguese bread with butter 19

Tosta Mista
Toast Portuguese bread with ham, cheese 27

Eggs On Toast Your Way
2 Eggs
Your choice of eggs poached, scrambled, fried 25

Omelet Your Way
3 egg omelet Or 3 white eggs
Add on (choice of 3)
Mushrooms | Onions | Peppers | Tomato | Spinach | Rocket leaves 30

SIDES

Egg	12
Avocado	12
Baladi Cheese	12
Turkey bacon	14
Smoked salmon	17



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